
PRE-SURGICAL AND ANESTHESIA INSTRUCTIONS

1. **NO FLUIDS OR FOOD 8 HOURS PRIOR TO SURGERY AND ANESTHESIA**
Note: To deceive the doctor would result in unnecessary risks for potentially life threatening anesthetic complications.
2. **BE SURE TO BRING SOMEONE ALONG WITH YOU TO DRIVE YOU HOME.**
Your driver must remain in the waiting room while your surgery is performed. You should also have someone stay with you at home for the first 12 hours following your anesthetic. After surgery, care should be taken to minimize the risk of falling and injuring yourself, particularly on stairs or in the bathroom.
3. Unless instructed otherwise, take all your daily medicines on your usual schedule with a small sip of water. If you use an inhaler, please bring it with you. Please take your antibiotic with a small sip of water, one (1) hour before your appointment, if instructed by the doctor.
4. If you develop an upper respiratory infection or any other medical problems, please contact this office to allow the surgeons to determine if surgery should be cancelled.
5. If you are **wearing contact** lenses please bring your carrying case or wear your regular glasses.
6. Wear comfortable clothing which is neither tight or binding. A short sleeve shirt is preferred for sedations or general anesthesia. Do not wear high heel shoes. Please leave all jewelry at the neck or above at home.
7. Please let us know prior to surgery, if you are not informed about your financial responsibilities. **PAYMENT WILL BE EXPECTED PRIOR TO SURGICAL SERVICES UNLESS OTHER ARRANGEMENTS HAVE BEEN MADE IN ADVANCE.**
8. Please be aware that penicillin, as well as some other common forms of antibiotics, may reduce the effectiveness of **oral contraceptives**. You should use an additional form of birth control when on these medications.
9. **All females must be aware of taking precautions to prevent pregnancy prior to surgery. If there is a chance that you may be pregnant, consult your gynecologist and then bring it to the attention of your oral surgeon.**
10. When taking narcotic pain medication or sedatives, you should not drive a car, work dangerous equipment, drink alcohol, or assume critical responsibilities. You should also not drive a car for the first 24 hours after an anesthetic.
11. If the patient is under the age of 18, he/she **must** be accompanied by a parent or legal guardian.

I have read and understood the above. _____

signature

date